There was once a huge, tall man named Goliath who lived many years ago. And at that time there was also a young boy named David, a gentle but brave shepherd who looked after his fathers sheep in a land called Israel, protecting them from dangerous wild animals such as lions and bears. David would one day become a great leader and King of Israel.

Goliath was a bully and a boastful Philistine who hated the Israelites, and he fought against their armies. He would stand in front of the Israelites, taunting the soldiers and challenging them to come out and fight against him. This huge and boastful giant cursed and mocked all the Israelite soldiers, shouting that their God was not able to protect them.

One day, when David's father told him to visit his brothers there on the battlefield he saw how this boastful bully frightened all the soldiers, and so he decided to punish him for insulting God.

So, in the same way as he protected his father's sheep, he placed a stone in his sling and ran towards Goliath, shouting to him that he was not afraid of his threats and that he would kill him at that very moment, and punish him. And that is just what he did.

That was the kind of boy David was - he was brave and frightened of no one. So Saul, the king of the Israelites rewarded David, and at the same time David became very popular with everybody. As David grew more popular King Saul grew jealous of him and tried to kill him many times. So David had to run away to the wild desert areas of Israel, and there he surrounded himself with many dangerous men, who had also run away from King Saul.